

**Dolphins**  
**IMPROVEMENT for Short Course Meters**

**Summer 2006**

<b>Lindsay Bartsch</b>		11-12		8/23/1993							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>
25 FREE (4)	:15.87	(06/22/06)	:15.66	(07/13/06)	:00.21	25 FREE (3)	:18.19	(06/12/06)	:17.55	(07/06/06)	:00.64
50 FREE (2)	:36.49	(06/16/06)	:35.66	(06/29/06)	:00.83	50 FREE (2)	:40.78	(06/08/06)	:40.78	(06/08/06)	:00.00
50 BACK (3)	:41.89	(07/06/06)	:41.89	(07/06/06)	:00.00	100 FREE (1)	1:44.90	(06/08/06)	1:44.90	(06/08/06)	:00.00
50 BREAST (1)	:53.31	(06/22/06)	:53.31	(06/22/06)	:00.00	50 BACK (3)	:50.66	(06/08/06)	:49.91	(07/12/06)	:00.75
50 FLY (4)	:37.28	(06/16/06)	:37.28	(06/16/06)	:00.00	50 BREAST (2)	:54.47	(06/08/06)	:53.18	(07/06/06)	:01.29
100 I.M. (3)	1:30.37	(06/12/06)	1:30.37	(06/12/06)	:00.00	50 FLY (3)	:48.57	(06/08/06)	:47.96	(06/29/06)	:00.61
						100 I.M. (3)	1:54.47	(06/08/06)	1:45.49	(07/12/06)	:08.98
										TOTAL:	:12.27
										AVG:	:01.75
										TOTAL:	:01.04
										AVG:	:00.17

<b>Madison Bowling</b>		11-12		5/22/1994							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>
25 FREE (2)	:19.39	(06/16/06)	:18.41	(07/12/06)	:00.98	50 FREE (3)	:33.20	(06/08/06)	:32.69	(07/13/06)	:00.51
50 FREE (3)	:42.69	(06/08/06)	:41.83	(06/29/06)	:00.86	100 FREE (1)	1:15.66	(06/08/06)	1:15.66	(06/08/06)	:00.00
100 FREE (1)	1:44.38	(06/08/06)	1:44.38	(06/08/06)	:00.00	50 BACK (1)	:40.19	(06/08/06)	:40.19	(06/08/06)	:00.00
50 BACK (3)	:55.40	(06/08/06)	:53.86	(06/12/06)	:01.54	50 BREAST (3)	:45.65	(06/08/06)	:45.65	(06/08/06)	:00.00
50 BREAST (5)	:54.03	(06/08/06)	:48.96	(07/12/06)	:05.07	50 FLY (5)	:37.53	(06/08/06)	:37.05	(06/29/06)	:00.48
50 FLY (2)	:51.34	(06/08/06)	:44.83	(07/06/06)	:06.51	100 I.M. (4)	1:26.66	(06/08/06)	1:23.24	(07/06/06)	:03.42
100 I.M. (2)	1:56.56	(06/08/06)	1:44.95	(06/29/06)	:11.61					TOTAL:	:04.41
										AVG:	:00.74
										TOTAL:	:26.57
										AVG:	:03.80

<b>Melissa Carroll</b>		11-12		1/6/1994							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>
25 FREE (2)	:23.15	(06/22/06)	:20.89	(07/12/06)	:02.26	25 FREE (2)	:16.02	(06/29/06)	:16.02	(06/29/06)	:00.00
50 FREE (1)	:50.08	(07/06/06)	:50.08	(07/06/06)	:00.00	50 FREE (3)	:36.73	(06/08/06)	:36.07	(07/06/06)	:00.66
50 BACK (4)	:58.26	(06/08/06)	:56.08	(06/12/06)	:02.18	100 FREE (1)	1:24.51	(06/08/06)	1:24.51	(06/08/06)	:00.00
50 BREAST (3)	1:13.59	(06/08/06)	1:08.17	(07/12/06)	:05.42	50 BACK (3)	:42.22	(06/08/06)	:42.22	(06/08/06)	:00.00
50 FLY (2)	1:15.86	(06/08/06)	1:06.57	(06/29/06)	:09.29	50 BREAST (4)	:47.03	(06/08/06)	:45.63	(07/12/06)	:01.40
100 I.M. (2)	2:18.35	(06/08/06)	2:11.77	(07/06/06)	:06.58	50 FLY (4)	:39.97	(06/08/06)	:39.23	(07/13/06)	:00.74
						100 I.M. (6)	1:35.18	(06/08/06)	1:26.48	(06/29/06)	:08.70
										TOTAL:	:11.50
										AVG:	:01.64
										TOTAL:	:25.73
										AVG:	:04.29

<b>Sammie Chamberland</b>		11-12		2/10/1995							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>
25 FREE (4)	:18.90	(06/12/06)	:18.50	(07/12/06)	:00.40	25 FREE (2)	:18.34	(06/16/06)	:16.12	(06/22/06)	:02.22
50 FREE (3)	:41.15	(06/08/06)	:41.15	(06/08/06)	:00.00	50 FREE (3)	:34.88	(06/12/06)	:34.31	(07/13/06)	:00.57
100 FREE (1)	1:42.00	(06/08/06)	1:42.00	(06/08/06)	:00.00	50 BACK (4)	:42.00	(06/16/06)	:42.00	(06/16/06)	:00.00
50 BACK (3)	:56.69	(06/08/06)	:54.13	(07/12/06)	:02.56	50 BREAST (2)	:54.56	(06/22/06)	:50.49	(06/29/06)	:04.07
50 BREAST (3)	:51.94	(06/08/06)	:49.71	(07/12/06)	:02.23	50 FLY (2)	:44.82	(06/22/06)	:42.16	(07/06/06)	:02.66
50 FLY (2)	:49.25	(06/08/06)	:49.25	(06/08/06)	:00.00	100 I.M. (5)	1:33.31	(06/12/06)	1:32.52	(07/13/06)	:00.79
100 I.M. (3)	1:53.31	(06/08/06)	1:42.46	(07/06/06)	:10.85					TOTAL:	:10.31
										AVG:	:01.72
										TOTAL:	:16.04
										AVG:	:02.29

<b>Beatrice Craycraft</b>		11-12		5/16/1995							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>

<b>Margaret Craycraft</b>		11-12		6/16/1993							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>
50 FREE (3)	:33.20	(06/08/06)	:32.69	(07/13/06)	:00.51	50 FREE (3)	:33.20	(06/08/06)	:32.69	(07/13/06)	:00.51
100 FREE (1)	1:15.66	(06/08/06)	1:15.66	(06/08/06)	:00.00	100 FREE (1)	1:15.66	(06/08/06)	1:15.66	(06/08/06)	:00.00
50 BACK (1)	:40.19	(06/08/06)	:40.19	(06/08/06)	:00.00	50 BACK (1)	:40.19	(06/08/06)	:40.19	(06/08/06)	:00.00
50 BREAST (3)	:45.65	(06/08/06)	:45.65	(06/08/06)	:00.00	50 BREAST (3)	:45.65	(06/08/06)	:45.65	(06/08/06)	:00.00
50 FLY (5)	:37.53	(06/08/06)	:37.05	(06/29/06)	:00.48	50 FLY (5)	:37.53	(06/08/06)	:37.05	(06/29/06)	:00.48
100 I.M. (4)	1:26.66	(06/08/06)	1:23.24	(07/06/06)	:03.42	100 I.M. (4)	1:26.66	(06/08/06)	1:23.24	(07/06/06)	:03.42
										TOTAL:	:04.41
										AVG:	:00.74

<b>Emma Frye</b>		11-12		8/15/1993							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>
25 FREE (2)	:16.02	(06/29/06)	:16.02	(06/29/06)	:00.00	25 FREE (2)	:16.02	(06/29/06)	:16.02	(06/29/06)	:00.00
50 FREE (3)	:36.73	(06/08/06)	:36.07	(07/06/06)	:00.66	50 FREE (3)	:36.73	(06/08/06)	:36.07	(07/06/06)	:00.66
100 FREE (1)	1:24.51	(06/08/06)	1:24.51	(06/08/06)	:00.00	100 FREE (1)	1:24.51	(06/08/06)	1:24.51	(06/08/06)	:00.00
50 BACK (3)	:42.22	(06/08/06)	:42.22	(06/08/06)	:00.00	50 BACK (3)	:42.22	(06/08/06)	:42.22	(06/08/06)	:00.00
50 BREAST (4)	:47.03	(06/08/06)	:45.63	(07/12/06)	:01.40	50 BREAST (4)	:47.03	(06/08/06)	:45.63	(07/12/06)	:01.40
50 FLY (4)	:39.97	(06/08/06)	:39.23	(07/13/06)	:00.74	50 FLY (4)	:39.97	(06/08/06)	:39.23	(07/13/06)	:00.74
100 I.M. (6)	1:35.18	(06/08/06)	1:26.48	(06/29/06)	:08.70	100 I.M. (6)	1:35.18	(06/08/06)	1:26.48	(06/29/06)	:08.70
										TOTAL:	:11.50
										AVG:	:01.64

<b>Kaitlin Hogue</b>		11-12		12/29/1993							
<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>	<b>Event (# of swims)</b>	<b>First Time</b>	<b>Date</b>	<b>Best Time</b>	<b>Date</b>	<b>Improvement</b>
25 FREE (2)	:18.34	(06/16/06)	:16.12	(06/22/06)	:02.22	25 FREE (2)	:18.34	(06/16/06)	:16.12	(06/22/06)	:02.22
50 FREE (3)	:34.88	(06/12/06)	:34.31	(07/13/06)	:00.57	50 FREE (3)	:34.88	(06/12/06)	:34.31	(07/13/06)	:00.57
50 BACK (4)	:42.00	(06/16/06)	:42.00	(06/16/06)	:00.00	50 BACK (4)	:42.00	(06/16/06)	:42.00	(06/16/06)	:00.00
50 BREAST (2)	:54.56	(06/22/06)	:50.49	(06/29/06)	:04.07	50 BREAST (2)	:54.56	(06/22/06)	:50.49	(06/29/06)	:04.07
50 FLY (2)	:44.82	(06/22/06)	:42.16	(07/06/06)	:02.66	50 FLY (2)	:44.82	(06/22/06)	:42.16	(07/06/06)	:02.66
100 I.M. (5)	1:33.31	(06/12/06)	1:32.52	(07/13/06)	:00.79	100 I.M. (5)	1:33.31	(06/12/06)	1:32.52	(07/13/06)	:00.79
										TOTAL:	:10.31
										AVG:	:01.72