

Dolphins

Summer 2006

PROGRESSION for Short Course Meters

6/6/2007	Lindsay Bartsch				11-12		8/23/1993
	IH @ MH	MH @ FH	MH @ TP	N @ MH	T @ MH	PRELIMS 20	FINALS
	6/12/2006	6/16/2006	6/22/2006	6/29/2006	7/6/2006	7/12/2006	7/13/2006
50 FREESTYLE		:36.49		:35.66			
50 BACKSTROKE					:41.89	:44.03	:43.41
50 BREASTSTROKE			:53.31				
50 BUTTERFLY		:37.28	:38.64			:39.11	:40.39
100 INDIV. MEDLEY	1:30.37		1:42.02	1:31.24			
25 FREESTYLE			:15.87		:15.71	:16.10	:15.66
6/6/2007	Madison Bowling				11-12		5/22/1994
	MOCK MEET	IH @ MH	MH @ FH	MH @ TP	N @ MH	T @ MH	PRELIMS 20
	6/8/2006	6/12/2006	6/16/2006	6/22/2006	6/29/2006	7/6/2006	7/12/2006
50 BREASTSTROKE	:54.03		:52.03	:54.83		:49.81	:48.96
50 BUTTERFLY	:51.34					:44.83	
50 BACKSTROKE	:55.40	:53.86		:58.16			
100 FREESTYLE	1:44.38						
50 FREESTYLE	:42.69				:41.83		:42.45
25 FREESTYLE			:19.39				:18.41
100 INDIV. MEDLEY	1:56.56				1:44.95		
6/6/2007	Melissa Carroll				11-12		1/6/1994
	MOCK MEET	IH @ MH	MH @ TP	N @ MH	T @ MH	PRELIMS 20	
	6/8/2006	6/12/2006	6/22/2006	6/29/2006	7/6/2006	7/12/2006	
25 FREESTYLE			:23.15			:20.89	
50 FREESTYLE					:50.08		
50 BACKSTROKE	:58.26	:56.08			:58.97	1:01.69	
50 BREASTSTROKE	1:13.59		1:14.99			1:08.17	
50 BUTTERFLY	1:15.86			1:06.57			
100 INDIV. MEDLEY	2:18.35				2:11.77		
6/6/2007	Sammie Chamberland				11-12		2/10/1995
	MOCK MEET	IH @ MH	MH @ FH	MH @ TP	N @ MH	T @ MH	PRELIMS 20
	6/8/2006	6/12/2006	6/16/2006	6/22/2006	6/29/2006	7/6/2006	7/12/2006
50 FREESTYLE	:41.15		:41.73	:44.25			
50 BREASTSTROKE	:51.94	:50.73					:49.71
100 INDIV. MEDLEY	1:53.31				1:43.35	1:42.46	
50 BUTTERFLY	:49.25			:52.76			
100 FREESTYLE	1:42.00						
25 FREESTYLE		:18.90	:18.97			:18.76	:18.50
50 BACKSTROKE	:56.69				:55.02		:54.13